



*With You
Committed to Caring*

Rock project 'serendipity'

Kerry Potts hadn't picked up a paint brush for eight months because of her illness, but when she saw Matariki Rocks at Mary Potter Hospice 'my heart skipped a beat', she says.

Everyone visiting the Hospice could take part in this commemorative rock painting activity. They were encouraged to take time to think of the people who are important in our lives and remember those loved ones who are no longer with us.

Kerry called it 'serendipity'.

"Because of the support I'm getting at Mary Potter, and I'm getting my medication right, I can take an interest in something I love, which is painting."

"For me it's a release of stress and it gives me something else to focus on. I can put aside other things and just let the staff take care of me."

An extra bonus has been meeting Kate, aged seven, who has been "hanging out at the Hospice with my dad."

Kate says that she has become good friends with Kerry because of painting. "I like painting with Kerry the most because she's very nice," says Kate, who goes to Adventure School in Whitby. "I think she's nice and caring and beautiful."

"Everyday I've got better and better."

Kerry agrees it has been lovely to make a young friend. "If it wasn't for Kate and her family I think I wouldn't have enjoyed my time here as much. It's nice to paint with someone else."

Kate has also been able to paint some of her favourite things. "I like unicorns and rainbows, and vegetables. I'm addicted to vegetables", she said.

To see more photos of the Mary Potter Hospice rocks
www.facebook.com/MaryPotterHospice

Kia ora tātou,

Here at Mary Potter Hospice, 1 July marks the beginning of a new year. A new year of budgets, targets and challenges. It's also the time of Matariki, Māori new year. A time to celebrate new beginnings as well as a time of remembrance.

In this Winter issue of the newsletter we recognise Matariki. Our rock painting activity across the Hospice was a great success, and many people took the chance to paint a rock in memory of a loved one, or just to do a group creative activity. Friendships were made, conversations were had and beautiful art was created.

For me I greet the new year with some trepidation. Keeping ahead of the financial challenges we face is a constant concern. That's why I take such great pleasure in sending to you, our generous supporters, this newsletter showing some of the things we have achieved with your donation. There isn't a day that I'm not grateful for the support we get from our generous Wellington community.

So I look forward to our journey together this year. I know it will be filled with challenges. But knowing that we have your support means that together we can succeed.



With sincere thanks,

Ria Earp
Chief Executive

Meet our volunteer Claudia Hatherill

What one-liner best describes you?

I am a vibrant, mature 20 year old with an enthusiasm for business, events and travel.

And you are studying?

I am majoring in Marketing and Information Systems. I would like to work for a big firm on a variety of marketing projects with a project management focus.

It sounds like you have been busy at Mary Potter Hospice

I have been involved since 2016. This year I helped out with the street appeal. This included recruiting volunteers (the hardest part). The best part was handing out chocolate to all the amazing volunteers (I may have had a couple myself).

What do you love doing the most in your volunteering role?

The best part about volunteering is that I am doing something to help. As a student I can't afford to give a lot of money, so by giving my time I can still make a little difference.

So why us and not 'cute fluffy' animals?

I really just wanted to help and make a difference. I chose the Hospice because like many Wellingtonians, we all have had loved ones who have been in the Hospice and whilst cute fluffy animals are amazing, I have directly seen the great work the Hospice does.

And what do your friends and family think of you volunteering here?

My friends and family think it is awesome, they have all been super supportive.

What's your advice for the Hospice to be seen as more relevant to young Wellingtonians?

Hmmmm, I think definitely being very present on social media is the key. But I wouldn't recommend using some of the terminology such as bae, dab, lit and fleek. (If you don't know what these mean, look them up on urban dictionary).

Read Claudia's full Q&A at marypotter.org.nz



Dedicated supporter remembered

In April, Wellington farewelled a man who helped build Mary Potter Hospice into the organisation it is today – literally.



Brian Cardiff, a key force for Mary Potter Hospice

Brian Cardiff managed the design and construction of the inpatient unit in Newtown. Working as a volunteer, Brian worked closely with the architect Gordon Moller and the building company. Things became complicated when the builder went into receivership early in the project, at which point Brian went in to battle with the receivers to successfully have the bond being held by the bank returned to the hospice so the job could continue.

When the builders thought they had lost their jobs just before Christmas, Brian helped form the Mary Potter Hospice Construction Company

overnight. His wife Violet made sandwiches and savouries to put on a party for the builders, and the new company was announced.

An important job for Brian was mixing the mortar so Queen Elizabeth could lay the Foundation Stone on 8 February 1990.

Brian served as a board member for around seven years, and also managed the design and construction of the Mary Potter Hospice Kāpiti community base.

His dedication and commitment to building Mary Potter Hospice for the people of Wellington is remembered and deeply appreciated.

May Hospice Appeal

It was an incredible Annual Appeal thanks to the overwhelming support of Wellingtonians and 894 volunteer collectors. This year \$84,762 was raised across Wellington, Porirua and Kāpiti.

Also in May we were privileged to have Dr Mary English, who as a GP is very familiar with the work of Mary Potter Hospice, to launch the Hospice Cuppa. It was a delight to welcome her to the Hospice to meet patients, volunteers and staff. Thank you to every Host who held a cuppa for us this year.



Dr Mary English (right) with Andrea McCance, Deputy Chair (middle) and Ria Earp.

Service Update

What you helped us do for patients and their families...

More than **2,000** bereavement counselling conversations

\$89 spent each day on prescriptions to keep patients comfortable and pain-free

\$21 spent each day on oxygen for patients who struggle with breathlessness

More than **\$5 million** amount we need to raise each year

\$0 amount we charge our patients



Recent Events

Mural reflects historical link

Our mural on Mein St completed earlier this year was designed and painted by well-known artist Sheyne Tuffery and reflects our historical link to the Newtown community. We love it.

Fabric-a-brac supports Mary Potter Hospice – thank you

Fabric-a-brac recently held a fabulous vintage and modern funky fabric pop-up sale in Newtown. Thank you so much Fabric-a-brac for your loyal support over the years. You can find out more about them at fabricabrac.wordpress.com

Celebrating our volunteers

It was National Volunteer Week 18-24 June and we celebrated our volunteers at events across Kāpiti, Porirua and Wellington. 627 regular volunteers help us in so many ways and a record 894 Annual Appeal volunteer collectors were out on the streets in May. Every one of them makes an invaluable contribution to Mary Potter Hospice – we so highly value them.

Upcoming Events



A health professional wanting to learn more about loss and grief?

Then our 2 day Masterclass 27 & 28 July is for you.

Learn more and register at marypotter.org.nz or contact Clare O'Leary, Palliative Care Educator on 04 381 0169.

Delicious strawberry sundaes for good!



We have events planned right across Kāpiti, Wellington and Porirua where you can come and get your Sundae for Good this November and December. Please come

along and support us – diary-date your favourite option today and head to our website marypotter.org.nz for more information.

- 2017 Kāpiti Coast Festival – Saturday 18 November
- 2017 Strawberry Festival - Midland Park, Wellington – Wednesday 22 November
- Strawberry sundaes and sausage sizzle outside Porirua PAK'nSAVE – Sat 25 November
- More Strawberries and ice cream at the Kāpiti Food Fair – Saturday 2 December

Thank you to our generous supporters

Business Network International (BNI) Wellington Chapters – For operational costs – \$12,518
Farmers – Tree of Remembrance 2016 – \$50,642
Ian Crabtree Charitable Trust – For fire doors & new security system – \$53,000
Infinity Foundation – Key piece of equipment for pain management – \$10,000
Nikau Foundation – Mary Potter Hospice Forever Foundation – \$15,000
NZ Community Trust – For operational costs – \$32,000
Resene Paints – Charity Golf Day – \$12,018
Trust House – For operational costs – \$20,000

**Trusts and businesses
 December 2016 - June 2017 \$10,000+**

Keeping in touch with you through our newsletter



Thank you for your wonderful support of Mary Potter Hospice!

Name _____

Address _____

Email _____

Phone _____

Please send me information about:

- making regular gifts to the Hospice through my bank account or credit card
- leaving a gift to the Hospice in my Will

Please accept my gift of \$ _____

My cheque is enclosed payable to Mary Potter Hospice

Please debit my credit card

_____|_____|_____|_____|_____|_____|_____|_____|

Expiry Date ____/____/____ Signature _____

Electronic transfer to bank account
 01-0537-0020909-005 The Mary Potter Hospice Foundation