



With You Committed to Caring

Anne Bennett-Eustace (left) and Anne Cheater have become friends as a result of the companion volunteer programme.

Care, comfort and companionship

A weekly visit from a volunteer made a big difference to Anne Bennett-Eustace, allowing her to go out and stay connected to her community when husband Arthur was ill.

Thanks to the support of Mary Potter Hospice donors, a new programme connects volunteers to a patient at home, providing companionship and supporting the patient's carer.

Anne said her volunteer, Anne Cheater, would read and talk with Arthur, sometimes have lunch together and do crosswords. Anne was also there to assist Arthur with walking.

"I had absolute confidence in Anne. She was quietly capable and had a personal warmth. She liked Arthur and as it was mutual it was like a friend visiting when she came," said Anne Bennett-Eustace.

Anne Cheater said she loved the volunteering experience and she's looking forward to doing it again.

"I had had a seven year break from nursing and I felt I had a lot to offer. I liked the idea of being a relieving caregiver and I felt quite at ease," said Anne Cheater.

"For me it was lovely. Arthur was mentally alert and we would go for the occasional little walk. We had lunch together and sometimes he would just sleep so I would read.

"Arthur turned 92 a few days before he died. I was there that day and I felt he was peaceful and I hope I helped with that."

Anne Cheater said that the Hospice provided training for volunteers and support from a counsellor.

Anne Bennett-Eustace said the companion programme would offer relief to other carers.

"It gives some breathing space, and you can get back into life outside. You're very busy when you are caring for someone, there is so much to be done and your horizons can retreat."

"Arthur had such dignity and grace and even as he became more frail it didn't dim his spirit and his personality. He lived right until the end," said Anne Bennett-Eustace. "Arthur and I were very, very grateful for Anne's contribution."

Mary Potter Hospice currently has 11 volunteers fully trained and being matched with people at home.

Kia ora tātou,

It's been an exciting time to join the Hospice as Chief Executive. I've joined a team who are striving to do their very best for patients and their family and whānau.

I wanted to tell you about a new project at the Hospice called Enhanced Hospice @ Home.

Patients tell us that they want to be at home, surrounded by the people and things they love. Enhanced Hospice @ Home provides the specialist care, equipment and support that people need to stay at home for as long as possible. To achieve

this, we have employed more nurses, social workers and therapists across Kapiti, Porirua and Wellington.

We have also started a scheme where trained volunteers are companions to patients at home. You can read more on the front page.

We rely on your generosity to support new services such as Enhanced Hospice @ Home. Thank you for your help.

To all those supporters that I have met, thank you for making me feel so welcome and for the wonderful



contribution that you make to the care of our patients and their families and whānau.

Brent Alderton
Chief Executive

Our amazing volunteers

Our volunteers are crucial to the support we can give to our patients and their families.

We spoke with two of our current volunteers, Danielle Karl and Colin Thompson.



Danielle provides administration support to our Volunteering team. Danielle wanted to give back to the Hospice for the help and support she and her family received when her Poppa passed away.

"I wanted to help out because it's such an important service. Hospice nurses helped my Poppa for only a few days as it was quick, but they were really caring. And we were amazed to find out it was free. It was really comforting to know they were there when we needed them."

Colin has been a meal service volunteer for more than 10 years. He takes care in preparing the meal he delivers to the patients, and he feels that everyone deserves the care and respect which Hospice provides.

"I like to take care in what I take in for the meal – presenting the food nicely with a nice little vase of flowers from the volunteer florists on their tray. I like to think I'm helping give the patients a nice point to the day – a cup of tea, a nice meal they liked, a smile or a story."

A big thank you to all of our amazing volunteers, and to Danielle and Colin for sharing their stories with us.

If you'd like to find out more about volunteering, visit <https://marypotter.org.nz/support-us/volunteers/> or volunteer@marypotter.org.nz

Jazzing up retail

We're catching the shoppers when they're young, with a new Kid's Store in the Newlands Shop.

The donated goods are colourful and beautifully presented and any child would love to visit.

Another recent change has been to relocate the Karori shop. It's in the heart of the shopping centre and is bigger, more modern with natural light and a large frontage.

As well, the retail team is setting up a new shop and warehouse in Kenepuru Drive, Porirua, to replace the old flood-damaged rental premises.

We are grateful for the high quality donations of furniture, kitchen goods, clothes and other items which help us to provide great variety for our customers.

Arnold and Reka Solomons

Arnold and Reka Solomons felt a special and unexpected link with Mary Potter Hospice when they retired and left Wellington city for Waikanae.

"When we moved up here, we moved into a house which had the most beautiful camellias," Reka says. It was a reminder of the 'Mary Potter' camellia propagated in 1997 to honour the 150th anniversary of Mary Potter's birth. It is the symbol of the Camellia Heritage Club – the group of those who leave a bequest to the Hospice.

Arnold, a former pharmacist, businessman and director on a variety of business and charitable boards, served as trustee on the Mary Potter Hospice Board of Trustees from 1996 to 1998. He was Chair of the Committee of the Friends of the Kapiti Mary Potter Community Hospice in the late 1990s. The Kapiti Community Hospice opened in Paraparaumu in 1996. Reka, who had trained as a Karitane nurse but spent much of her professional life in business, had a part in establishing the new Kapiti base. "We were both involved in helping people set it up," Reka says.

Music is extremely important to the Solomons. "Music has been our life. Chamber Music is our passion," Arnold says. Arnold is a former Board Chair and President of Chamber Music New Zealand, and now a life member. They are supporters of the New Zealand String Quartet, regulars at the New Zealand Symphony Orchestra and members of the Waikanae Music Society. Community service is also very important to them. For a number of years Arnold served as Chair of the Deckston Hebrew Trust Board,



Arnold and Reka Solomons are generous supporters of Mary Potter Hospice.

which first supported European Jewish orphans to come to Wellington and later devoted its resources to the Wellington Jewish Care of the Aged Society.

The couple are now living in a retirement village and have only one camellia in their much smaller garden but their interest in the work of the Hospice continues. "I just know what a wonderful job they do," Reka says. "Because of Arnold's involvement we were very happy to put Mary Potter Hospice into our Wills." The Solomons have left a gift to the Forever Foundation.

Bequests are very important to Mary Potter Hospice. They enable us to plan for the future, and ensure we are able to meet the need of people from Kapiti, Porirua and Wellington for decades to come. If you are interested in hearing how to leave a gift in your Will to Mary Potter Hospice please contact Olinka on 04 381 0163, or email bequests@marypotter.org.nz



Hospice Snapshot

In one month (September 2017):



Hospice staff visited

592
people in their own homes

460

volunteer hours were directly linked to care delivery (not retail or fundraising)

42 people died receiving support from our Hospice team (17 in the inpatient unit)

Hospice staff made **3,123** contacts with



373 patients

49 people were admitted to Hospice Inpatient Unit and stayed an average of 14 days

We need to raise about **\$6 million** each year to keep operating

Amount we charge patients: **\$0**



Upcoming Events

Porirua Mary Potter Hospice Shop Opening

We're excited to announce that our new shop on Kenepuru Drive will open on 6 August. We're having a big celebration on Saturday 11 August. See you there!

Hospice Shops Winter Bazaar

Head along to our Hospice shops this winter and find fantastic preloved treasures for in our Winter Bazaar in August! For locations, see <https://marypotter.org.nz/shops>

2018 Mary Potter Hospice Strawberry Festivals – Save the date!

After a successful round of events last year, we're excited to be planning for our 2018 Strawberry Festivals! Please save the date for our events and come enjoy Sundaes for Good with us!

Our 13th Mary Potter Hospice Strawberry Festival will be back at Midland Park on Wednesday, November 21, our Kapiti Coast Mary Potter Hospice Strawberry Festival will be on Saturday, November 17, and our Porirua event on Saturday, November 24. Keep an eye on our website for details.

2018 Annual Meeting

Our 2018 Annual Meeting will be on October 25 at 5.30pm, and thank you again to KPMG for hosting us. Our Annual Meeting is a time to celebrate our fantastic volunteers and partnerships from the past year and launch our Annual Review.

Recent Events

2018 Street Appeal a record!

We were just blown away by the support for our 2018 Appeal in May. Thanks to over 1,050 wonderful volunteers out on the street - 150 more than we had in 2017 - our 2018 Street Appeal raised **\$100,795!**

This is the most we have ever raised from a street appeal. We also got amazing support from lots of businesses, and you'll see a long list at the end of this newsletter.

Thank you so much for your support.



Thank you to our generous supporters

BNI Wellington, Porirua & Kapiti Chapters
 Farmers - Caring Connections in our Community
 Four Winds Foundation Limited
 Kapiti Coast District Council
 The Church of Jesus Christ of Latter-day Saints – Pacific Area
 Thomas George Macarthy Trust

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The Lion Foundation
 NZ Community Trust
 Ray Watts Charitable Trust
 St Joans Charitable Trust
 The Dominion Post/Stuff
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Trusts and businesses
 Dec 2017 to June 2018 \$10,000+

Keeping in touch with you through our newsletter



Thank you for your wonderful support of Mary Potter Hospice!

Name _____

Address _____

Email _____

Phone _____

Please accept my gift of \$ _____

My cheque is enclosed payable to Mary Potter Hospice

Please debit my credit card

_____|_____|_____|_____|_____|_____|_____|_____|

Expiry Date ____/____/____ Signature _____

Electronic transfer to bank account
 01-0537-0020909-005 The Mary Potter Hospice Foundation

Please send me information about:

- making regular gifts to the Hospice through my bank account or credit card
- leaving a gift to the Hospice in my Will