

# Te Whare Rānui

**Your opportunity to be part of developing a Hospice hub  
for the North Wellington/Porirua community**

## Case for Support

Mary Potter Hospice is developing a community base in Porirua to meet the diverse needs of the people of North Wellington and Porirua (Khandallah to Pukerua Bay).

Our challenge is to raise \$1 million to make the facility fit for purpose as a Hospice community hub.



## Te Whare Rānui: the home of light and warmth



The name Te Whare Rānui was gifted to Mary Potter Hospice by Ngāti Toa.

The designer is Pita Mei, the son of one of the Hospice's staff.

Te Whare Rānui means the home of light and warmth. It is the vision of Mary Potter Hospice that this is what people receive when they come to our whare. The name connects our service to the landscape and the people and iwi here. It's a privilege to shelter beneath the korowai of Ngāti Toa at Rānui Heights.

The recognition of the importance of light in this area is long and deep. As the sun sets from our vantage point in Awatea Street we can follow its path from Waitangirua in the east across the hill ridges, towards Mana, over to Titahi Bay, and sets beyond Takapuwahia to Ngāti Toa's sacred Maunga Whitireia.

The image combines a combination of Māori and Pasifika influences. The spearhead design is a symbol of courage, and the Plumeria flower is a beautiful Pasifika icon.

The famous haka 'Ka Mate' tells the story of Te Rauparaha's joy at eluding death and coming out of his hiding place in the dark kumara pit into the light of day – "Whiti te rā! Hi!". As the waiata Ka Oho te Wairua below states, we hope that at Te Whare Rānui we will be able to support people towards 'ka kaa te rama'.

Ka oho te wairua	<i>When the spirit is awake</i>
Kia mataara te tinana	<i>And the body is alert</i>
He aroha ki te aroha	<i>And love is unconditional</i>
Ka kaa te rama	<i>Enlightenment comes</i>

## Our story: community-based, for everyone



The story of Mary Potter Hospice began when the Little Company of Mary, founded by the Venerable Mary Potter, established Calvary Hospital in Florence Street, Newtown in 1929.

By 1978, the Sisters had established New Zealand's first hospice in a ward at Calvary Hospital, Mary Potter Hospice. This was officially opened by the Minister of Health, Hon George Gair on 29 June 1979, 40 years ago.

In 1978 Mary Potter Hospice was given to the people of Wellington. The values of respect, compassion, dignity, hospitality and stewardship remain our values today.

Over all this time people have been able to access free, equitable and holistic end-of-life care regardless of their age, gender, ethnicity, religion or ability to pay.

Today we provide palliative care services free of charge, to people in the Wellington region from Peka Peka through to Seatoun.

***Around one third of the people who die in this region will have received care and support from Mary Potter Hospice. Each day we are caring for around 250 patients.***

In the legacy of the Little Company of Mary Sisters, the Hospice continues to be a leader in specialist care for people with a terminal illness. It takes a whole person approach, meeting not just the physical needs but also the emotional, spiritual and social needs of patients and their families and whānau.

Maintaining a community focus, Hospice services are provided wherever people are – at home, in residential care or in the Inpatient Unit in Newtown.

Volunteers remain essential to the life and vibrancy of all Hospice services, and connect the Hospice back to its communities.

# Porirua



Porirua Harbour

Porirua City is steeped in history. The great Polynesian explorer Kupe was the first person to see Porirua.

The anchor stone from Kupe's canoe rested at Ngāti Toa domain for decades (you can now see it at Te Papa). In fact, Kupe is responsible for naming many of our great sites including Te Awarua-o-Porirua Harbour, Mana Island, and Komanga Point.

Archaeologists have established that people lived in the Porirua area as far back as 1450AD, with Ngāti Tara, Ngāti Ira, and later Ngāti Toa settling in the area. Captain Cook went on to map the harbour during his journey around New Zealand in 1769 and in 1832 a trading station was set up in Mana Island for European whalers passing through the Cook Strait.

From the early 1800s the area became populated with European settlers trading with Ngāti Toa and the growth and development has continued through to today, with Porirua City now a vibrant multicultural community populated with around 57,000 people.

Porirua is a city going through enormous growth. It is in the process of a 10-year, \$21 million city centre revitalisation, plus building houses and other facilities.



Takapūwāhia Marae in Ngatitōa Street

***The Porirua City population is forecast to grow to 80,500 by 2043. With growth and an aging population come increased demands for hospice services.***

Mary Potter Hospice has had a physical presence in Porirua since 2002, starting with a community base at Kenepuru Hospital. A second-hand retail store and warehouse opened in 2011 and this helps fund Hospice services. The needs of the Porirua community now require an increase in services from Mary Potter Hospice.

## Hospice community hub Porirua: the need



More and more people want to spend their final days at home, surrounded by the people and things they love (Gomes, Calazani, Gysels, Hall & Higginson, 2013) and it is important that we respond to that need. There is also an increasing demand for all Hospice services with over 900 patients cared for last year.

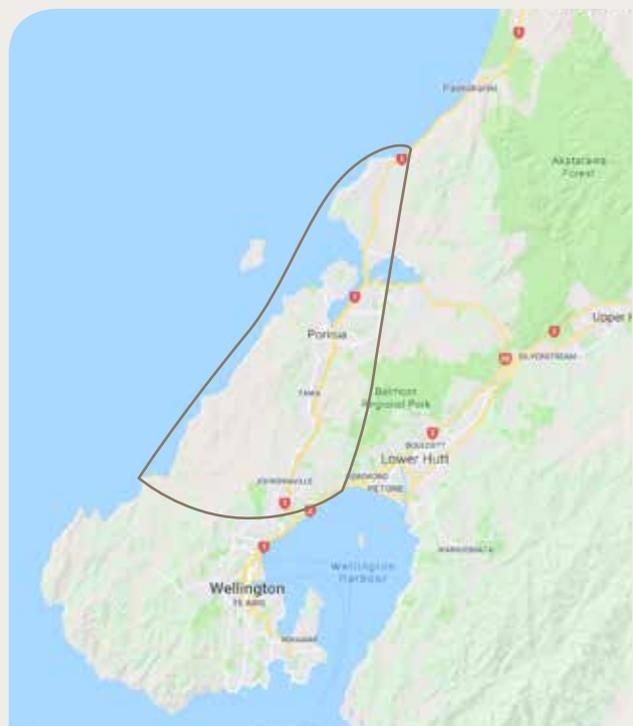
***Last year 234 patients were referred into our North Wellington/Porirua service, this is expected to rise by 64% between 2016 and 2036.***

The development of the community hub will enable us to better meet the growing and diverse needs of people in this area facing a terminal illness. There will be no Inpatient Unit, this remains at Newtown and continues to meet the very specific needs of inpatients.

The hub will provide a meeting place for patients and whānau, a working place for community staff and a sharing place for community and health care partners.

Helping us meet this need, in addition to staff, will be a team of volunteers in a variety of roles such as day unit helpers, biographers, community companions, drivers and cooks.

The team based at the Porirua Hub will support patients and their whānau from Khandallah to Pukerua Bay. See the map below.



## Mareta's Story

***“They treated me like a living person, not a dying person.”***

Receiving help from Mary Potter Hospice was the last thing that Mareta wanted.

“A few days after I came out of the hospital I had a call from the Hospice. When I heard ‘hospice’ I thought I didn’t have long to live. I was pretty shocked. Then I met them and they told me the things that they are there for and what they can do for me.”

Mareta, who is from the Cook Islands, has a large family, with 17 grandchildren. When she dies, she wants to be at home, surrounded with her children, siblings and grandchildren.

“I want my family to come in and out. I want to be surrounded with all the people who are important to me and I’ve told the Hospice that.”

Mareta spent a few days at the Inpatient Unit in Newtown to have a rest and get her pain under control.

“The thing I loved the most was that they didn’t treat you like a sick person, they treated you like a normal person. When you’re sick, you don’t want sympathy, you just want to live your life to the fullest. You want to be treated as an equal, as a human being.”

Spending time in the Inpatient Unit helped Mareta to put on some weight and get back on her feet again. “How do I start to describe what the Hospice has done for me? There aren’t words. Everyone there is always smiling. They are friendly. And the food. Wow. They would go out of their way to make you the food you want.”



“The Hospice treated me like a living person, not a dying person. I rested so well in the Hospice. From the cleaners to the doctors, they are amazing people.”

Now Mareta is at home she receives support from Mary Potter Hospice’s Pasifika Liaison, Hospice social workers have helped with suitable accommodation and support, an occupational therapist has helped with equipment and activities, and she receives regular visits from nurses and doctors.

“They’ve helped and supported me and put my mind at ease. When the team visit, I’m smiling all day. I’m blessed that I’ve met them.”

***The development of the Porirua Hub will ensure that we continue to help patients like Mareta in all the ways they need.***

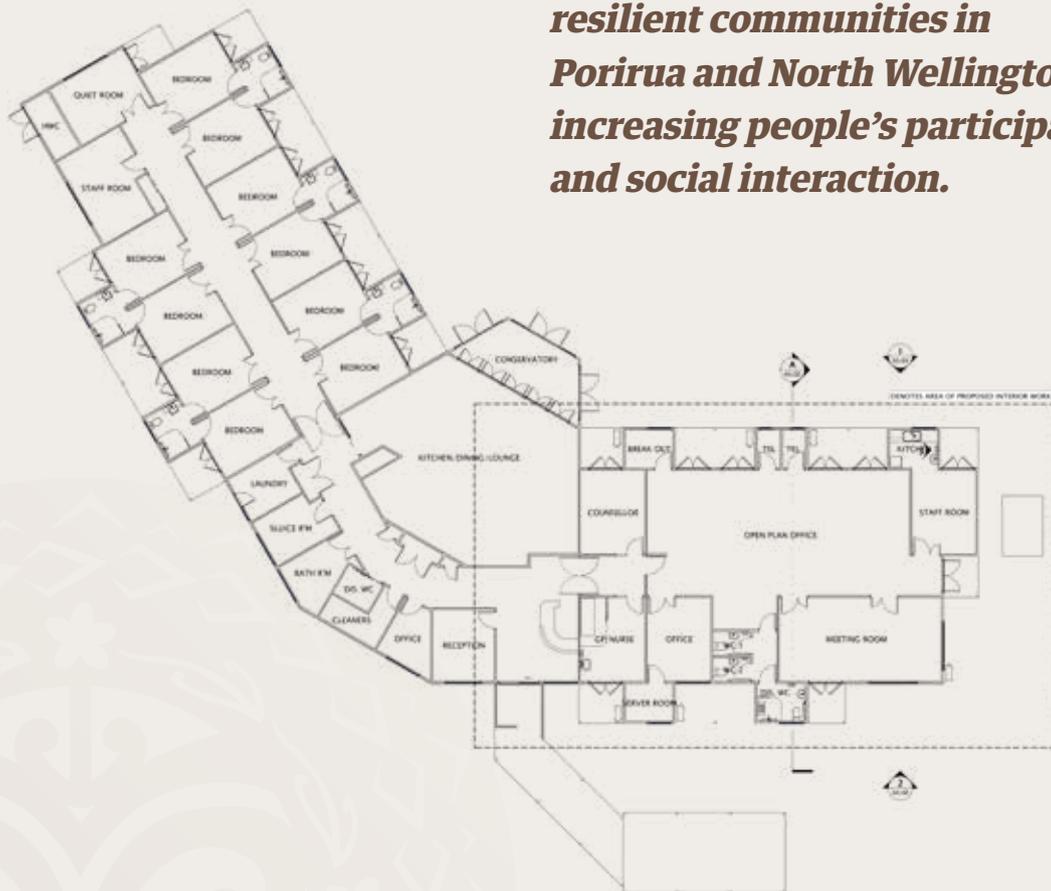
# The Porirua Hub: Te Whare Rānui



Ngāti Toa gave the name Te Whare Rānui to the Mary Potter Hospice hub in Porirua expressing their support for the project and our presence in the region. Te Whare Rānui will be located at 10 Awatea Street, Ranui Heights, Porirua.

The hub will be a physical symbol of our commitment to the community. For patients and their whānau dealing with the end of life, there are many barriers to taking part in social and recreational activities such as mobility, travel, finances and mental health. Mary Potter Hospice will provide opportunities for people who are finding it extremely challenging to participate, interact and connect.

***It will build stronger more resilient communities in Porirua and North Wellington by increasing people's participation and social interaction.***



The current floor plan of the building. The area within the dotted line has been renovated already (Stage One).

# Hospice services to be offered at Te Whare Rānui



Te Whare Rānui will be a warm, vibrant and welcoming place in the heart of our region where people can drop in and find information, build connections, have fun, be real, learn new skills, and always find support.

We are working with Māori and Pasifika advisory groups to ensure that the hub meets the specific cultural needs of those communities and others.

## The Hub will be a centre for:

### Clinical services



- **Our specialist multi-disciplinary palliative care team**, made up of doctors, nurses, occupational therapists, social workers, counsellors and other therapists will use Te Whare Rānui as a base to visit patients in North Wellington, Porirua and south Kāpiti coast
- **Specialist palliative care outpatient appointments** with our doctors, so that patients and their families don't need to travel to Newtown
- **Clinical staff connecting with our partners** GPs, Primary Health Organisations, support service organisations and others to provide the very best support to patients and whānau
- **Equipment made available** to patients and their families to make day-to-day activities more manageable or administer pain relief

### Social interaction



- **Community day groups** where people living with a terminal illness can meet, and be supported by our specially trained volunteers. They are given a meal, take part in activities and enjoy fellowship with people in a similar situation
- **Day clinics** with therapies such as massage therapy
- **Sessions for carers** such as information on supporting a loved one, wellbeing sessions and much more

## Education



- **Training and education for clinical staff** from Mary Potter Hospice, other hospices, and other clinicians in the field of palliative care to ensure that our patients are receiving the best possible care
- **Community education** such as cooking for one and financial classes for spouses to learn new life skills
- **Healing through storytelling** – culturally appropriate support for Māori and Pasifika carers and whānau so they can heal their grief in their own way
- **Information sessions** on end-of-life matters like funerals and Wills
- **Mindfulness training**
- **Education programmes** for other organisations in how to work with people living with a terminal illness and their families and whānau – their quality of life before and after death

## Other services



- **Volunteers** contributing to their communities and learning new skills
- **“Companion in the home”** volunteer programme, where volunteers support people caring for a patient at home to give them time out for a break
- **Children and young people’s groups** such as involving children from local schools in Art for Tough Stuff sessions
- **Mental health support** relating to bereavement, loss and grief
- **Social spaces** that can be used by the wider community for meetings, events and gatherings
- **Counselling** for patients and the bereaved



# Message from the Mary Potter Hospice Foundation Chair

## **Tena koe**

The Board of Mary Potter Hospice sees the establishment of Te Whare Rānui as a crucial part of the Hospice's future strategy. Meeting the needs of Wellington's diverse communities is high on our list of priorities. The Board is challenged by the increasing need for our services across our region. This increase is not just the rising number of people we need to serve, but also the complexity of their needs, both medical and psycho-social. Te Whare Rānui is at the heart of our geographic area and provides the ideal place from which to provide our expanding community services.

The Board is exceptionally grateful to you for considering this request for funds. You will be contributing to a service that all people in North Wellington and Porirua will be able to benefit from. Thank you.



*Andrea McCance, Chair  
Mary Potter Hospice Foundation Board*

## **Ngā mihi**

**Andrea McCance**

## **Me ahu mai ngā whētū**

**May the guiding stars light our way**

**STRICTLY CONFIDENTIAL**

The Campaign for Mary Potter Hospice North Wellington/Porirua community base  
**Te Whare Rānui**

**Gift Pledge Form**

<b>First Name</b>	<input type="text"/>	<b>Street/PO Box</b>	<input type="text"/>
<b>Surname</b>	<input type="text"/>	<b>Suburb</b>	<input type="text"/>
<b>Phone</b>	<input type="text"/>	<b>City/PCode</b>	<input type="text"/>
<b>Mobile</b>	<input type="text"/>	<b>Email</b>	<input type="text"/>

I wish to support the Mary Potter Hospice North Wellington/Porirua community base Campaign:

**A:**  With an immediate gift of \$

**B:**  With a pledge payment of \$

at a frequency of  monthly  3 mthly  yearly  other:

for  years with first payment beginning  /  /

Total pledge gift of \$

**C:**  Other

This is how I would like my/our name to appear in acknowledgement

I need some time to consider this **OR:**  I wish my/our gift to be anonymous.

I wish to pay by:

**A:**  Cheque (Made payable to: The Mary Potter Hospice Foundation)

**B:**  Credit Card

**C:**  Bank Transfer

Name (as listed on card)

Card No.  /  /  Exp.  /

**Account Name:**

Mary Potter Hospice

**Account Number:**

01-0537-0020909-005

**Particulars:**

(Your Surname And Initials)

**Reference:**

Te Whare Rānui

**Pledge Confirmation**

Signature/s

Date  /  /

