



An Admission to the In Patient Unit

What to Expect



*Our namesake
The Venerable Mary Potter*

Further information

For more detailed information please see the In-Patient Unit folder available at every bedside.

Please talk to a member of the Hospice team if you have any queries.

For further information, or to make a donation,
please see our website:

www.marypotter.org.nz

Wellington:

48–52 Mein Street, Newtown
PO Box 7442, Wellington 6242
P 04 801 0006 | F 04 389 5035
E mph@marypotter.org.nz

North Wellington/Porirua:

Te Whare Rānui, 10 Awatea Street, Ranui Heights
PO Box 50089, Porirua 5240
P 04 237 7563 | F 04 237 0864
E porirua@marypotter.org.nz

Kāpiti Coast:

36 Warrimoo Street,
PO Box 460, Paraparaumu 5254
P 04 296 1283 | F 04 298 3970
E kapiti@marypotter.org.nz



The In-Patient Unit (IPU) is based at the Newtown site of Mary Potter Hospice.

The unit has 18 beds – some of these are in single rooms and some are in shared rooms.



Reasons people are admitted to the In-Patient Unit:

You may be admitted to the In-Patient Unit for one or more of the following:

- To help manage difficult symptoms
- To help you adapt to changes so that you can return home or move to a long term care facility
- For care at the end of life.
- For short term respite from home
- For a specific planned treatment.

Our approach to care

While in the In-Patient Unit you will meet various members of the team who will work together to help you and your family / whanau with your specific needs.

The team includes nurses, health care assistants, doctors, social workers, physiotherapist, occupational therapist, spiritual carers, massage therapist, music therapist, counsellor, ward clerk, hospitality staff and volunteers.

We will help you with specific symptoms and provide you and your family / whanau with emotional, spiritual and practical support.

Family meetings

Sometimes we may suggest a 'Family Meeting'.

This may be to discuss your current situation or to explore your future care needs.

It is often helpful to have a planned meeting to discuss in detail what may be difficult problems.

It is up to you and your family / whanau to choose who you want to be at the meeting.

Depending on your needs, members of the Hospice team and others involved in your care may attend this meeting.

Length of stay

The length of stay varies and is decided on an individual basis. Many patients return to their own homes.

The In-Patient Unit is not able to offer long-term care.

If it is not possible to return home but you need longer term care we will discuss the options available to you and support you in making choices about this.



Discharge

When you are discharged, the In-Patient Unit team will liaise with future care providers to ensure you continue to be supported.

This may include your GP, district nurses, care agencies, care home staff and pharmacists.

You will also continue to be supported by the local community Mary Potter Hospice team, in particular your Palliative Care Co-ordinator.