Palliative Care Education and Training Programme for Health Professionals and Community Workers

Ko te manu e kai ana i te miro, nōna te ngāhere
Engari, ko te manue e kai ana i te mātauranga, nōna te ao

(De Ara, the Encyclopedia of Aotearoa)

The bird that partakes of the miro berry, their domain will be the forest,
The bird that partakes of knowledge, their domain is limitless.
Mary Potter Hospice Palliative Care Education And Training Programme For Health Professionals 2020

Kaupapa tuku iho

Mana
Aroha
Rangatiratanga
Manaakitanga
Kaitaikitanga

Me aho mai ngā whetū mo tātou

Our Values

Respect
Compassion
Dignity
Hospitality
Stewardship

Let the stars guide the way for us all

Our Vision

That people in our communities who need palliative care have access to compassionate and quality care when and where they need it.

Our Approach

Taking a whole person approach, we will provide and promote high quality specialist palliative care, grief support, education and care planning services. Working alongside our health partners, we aim to make a difference in the community we serve.

Welcome - Nau mai, Haere Mai

Mary Potter Hospice is a specialist Palliative Care education provider offering a wide range of learning opportunities. The content of our programme reflects the diverse needs of health professionals and the communities in which we work. During 2019 we worked with stakeholders and we have used their feedback to adapt and update our 2020 education programme. Our aim is to foster the development of evidence-based knowledge, skills, and expertise in palliative care to empower our partners to meet the needs of the communities we all serve.

The learning activities we use provide an opportunity for experiential, exploratory and collaborative learning across various venues. We foster and maintain strong links, placements and internships with research partners and educators from the tertiary educational institutions and DHB including:

- CCDHB Hospital Palliative Care Team;
- CCDHB Regional Palliative Care Steering Group;
- Te Arai: Palliative Care and End of Life Research, University of Auckland;
- University of Otago, Wellington - School of Medicine;
- The Schools of Nursing at Massey and Victoria Universities and Whitireia Polytechnic, including the Māori and Pacific School of Nursing programmes;
- WelTech Polytechnic, Wellington.

We also work with other private training providers across the clinical and complementary health spectrum in social work, counselling, massage, music therapy, physiotherapy, occupational therapy and traditional Māori healers practising rongoā.

Co-Designing With You – let us know how we can help. We will continue to seek your ideas and input to better deliver quality and relevant education programmes.
Whetū i te rangi
The ‘stars’ in the sky

According to Māori mythology, the creation of the stars are a spiritual connection to the cosmos. They provide a calendar for cultivation and food gathering. They represent a navigational map for ‘way finders’ and travellers, keeping them safe on their journey. They are a shining reminder of loved ones whose life-journey has ended.

As the stars guided the great Māori navigators to Aotearoa, Mary Potter Hospice supports and guides our patients and their families or whānau on this journey.

Each patient, too, is like a star guiding the Hospice and its work. Our patients are with us, in our memories and hearts, like the stars in the sky, when their journey ends.

Te Pou Tautoko (The Hospice Māori support group) chose the phrase ‘Whetū i te Rangi’ to depict this philosophy.

Symposium 2020 – ‘Whetū i te Rangi’
7 August 2020, Te Papa Tongarewa

This one day Symposium will explore how Hospice and Palliative care can contribute to a well-supported transition towards the end of life. It will promote exchange between whānau, practitioners, researchers and those working in the community.

Mary Potter Hospice are grateful for the support of Ngā Pae o te Māramatanga to host the event. The regional release of the Pae Herenga Study and resources will take place from the Te Arai Palliative Care Research Group on this day.

Rangatahi will share about loss and grief, and alongside kaumatua will highlight the importance of inter-generational knowledge transfer. We will highlight current work and development in Palliative Care with Māori and promote the importance of working with this growing group, the services they may require and future sites of care.

Date & Time: Friday, 7th August 2020, 0830 – 1630
Venue: Oceania Room, Te Papa Tongarewa
Cost: $190 (incl. GST) per person
Registrations open: Tuesday, 21st January 2020

Please visit the Mary Potter Hospice website for more information and updates. www.marypotter.org.nz
Subscribe to our monthly e-newsletter, Tuia https://bit.ly/2qp6aNC and keep up to date on Symposium updates and other education events.
“Take more time considering my actions in relation to grief consider where a person is on their grief pathway and what support they require”

A Two Day Intensive Masterclass for Health Professionals and Community Workers

This intensive two day workshop gives an overview of grief theory and the practices around working with people facing end of life. It draws on international research and explores the challenges of working with people and their extended family/whānau/aiga.

Mary Potter Hospice does not exist on its own however when it considers Loss and Grief, so in 2020 the study days will also include exploration of the impact of community loss and grief (day 1) and disenfranchised groups whose loss, grief and bereavement may get “lost” (day 2).

It is enriched through personal stories of grief from individual community members and through small group discussion and interaction.

It is presented by Mary Potter staff including counsellors, psychotherapists, social workers, Māori and Pasifika liaison workers and spiritual carers.

We also invite partners in the community to bring further expertise to the table e.g. Chris Bowden (PhD [Health] Victoria University of Wellington; MA, BA Hons [I] Otago) talking about Men’s Grief.

Date and time: Thursday 2nd & Friday 3rd April 2020, 0830 – 1630
Venue: Home of Compassion, Island Bay, Wellington
Cost: $320.00 (incl. GST) per person
To register please go to http://marypotter.org.nz/healthpartners/education
For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152

Note: the earlier date for 2020 aligns with other national communication initiatives e.g. Kia Kōrero
Te Tiriti o Waitangi

A One Day Intensive Study Day for Health Professionals and Community Workers

Mary Potter Hospice has broadened the reach of participants for our Te Tiriti o Waitangi (the Treaty of Waitangi) study day to include our partners across the health sector and the community. The purpose is to explore and understand the reasons for the signing of Te Tiriti o Waitangi in 1840; its relevance in the 21st century and how it can be practically applied in today’s health environment, and to widen people’s exposure to a Māori environment on the marae.

We will look at the historical context of Te Tiriti o Waitangi and the impact that colonisation and cultural alienation has had on Māori health outcomes since 1840. This will include discussions on health equity, institutional racism and unconscious bias within the health sector - and what we can do as health professional and health service providers, to address the inequities for Māori from a Treaty partnership perspective.

This training session will take place within a marae setting.

Date and time: Thursday, 18th June 2020, 0830 – 1630
Venue: Marae (to be confirmed)
Cost: $200.00 (incl. GST) per person
To register please go to http://marypotter.org.nz/healthpartners/education
For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152

Masterclass: Pain and Symptom Management in Palliative Care

“I will be more confident and reassuring to patients and families in this situation (EOLC).” – GP comment.

“I went in knowing nothing about delirium but looking back I can now recognise previous patients who have had delirium.”

A One Day Intensive Study Day for Health Professionals and Community Workers

This Masterclass is led by Dr Astrid Adams, Medical Director at Mary Potter Hospice, in collaboration with Mary Potter Hospice staff and our partners across the health sector.

We will use a case based learning model to look at the pharmacological and non-pharmacological management of common symptoms in palliative care. The sessions will include assessment/management of pain, dyspnoea, nausea and vomiting, delirium and end-of-life prescribing.

The day has been designed for health professionals working with palliative patients and their family/whānau/aiga.

Date and time: Thursday, 14th May 2020, 0830 – 1630
Venue: Malvina Major Retirement Village, Khandallah
Cost: $190.00 (incl. GST) per person
To register please go to http://marypotter.org.nz/healthpartners/education
For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152
Masterclass: Communication Skills, Being with Dying

“Great to have scenarios and suggestions re: approach to complex situations.”
“Gave me things to think about, preparing the interpreter, stop talking, use silence, it is ok.”

A One Day Intensive Masterclass for Health Professionals and Community Workers

Communicating with patients and family/whānau/aiga is an important skill in all aspects of health care. The conversations in palliative care can be particularly challenging, and the risk is that they are avoided. They can require confidence and courage to start, and skilled sensitivity to navigate well.

The workshop will look at what is best practice in communication skills, and will include creative and interactive methods of learning and facilitation to broaden your thinking in your approach to this work.

The workshop has been designed for clinical health professionals, community and social care workers with palliative patients and family/whānau/aiga.

Date and time: Thursday, 10th September, 2020, 0830 – 1630
Venue: Te Whare Rānui, Porirua (Mary Potter Hospice, Porirua)
Cost: $190.00 (incl. GST) per person
To register please go to http://marypotter.org.nz/healthpartners/education
For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152

Hospice New Zealand offers access to monthly palliative care lectures, which are delivered across New Zealand via teleconference. Mary Potter Hospice facilitates these lectures in each of the Hospice sites and health colleagues and partners are very welcome to join us.

The lectures take place on the first Thursday of every month from February – December from 0730 – 0830.

If you wish to be notified of these lectures please sign up to https://bit.ly/2qp6aNC and RSVP to one of the following administrators:

Wellington
Education Administrator
Phone: (04) 381 0152      Email: education@marypotter.org.nz

Porirua (Te Whare Rānui)
Andrea Campbell
Phone: (04) 237 2307      Email: andrea.campbell@marypotter.org.nz

Kāpiti
Debra Minty
Phone: (04) 296 1283     Email: debra.minty@marypotter.org.nz

Nationally
www.hospice.org.nz
Cost: Free
To register please go to http://marypotter.org.nz/healthpartners/education
For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152
Working with Primary Care

As part of our work with primary care, Mary Potter Hospice has been invited to teach three evening sessions at Compass Health (dates to be confirmed). Led by the Hospice medical consultants, these sessions are focussed on supporting General Practitioners and their patients with palliative care needs. The sessions will include:

- identifying patients who may be in their last year of life;
- how to open conversations and make plans with patients and their families;

Working with the Palliative Care Regional Steering Group, the Hospice will also work alongside the GP practices to help develop a register of palliative care patients, develop palliative care plans and participate in their regular Health care Homes multidisciplinary meetings.

The Hospice team is available to meet with teams in primary care to provide individual short sessions or case studies/advice tailored to your needs. Please contact us.

For more information, please go to http://marypotter.org.nz/healthpartners/education

Kia kōrero – Advance Care Planning

Advance Care Planning (ACP) asks ‘What matters to you?’. Mary Potter Hospice is actively involved in facilitating difficult conversations about loss and grief and dying. Along with that, we are part of the Regional ACP Steering Committee and have an internal ACP group working on training and development of our staff and those with who we engage externally.

Each year we work with the Health, Quality and Safety Commission, and national networks to facilitate conversations about future health care and end of life matters in our communities; Wellington, Porirua and Kāpiti.

Refer to HQSC website for dates and venues

Te Whare Rānui, our new Porirua base.
Ngāti Toa gifted us the name and means, “A house that the sun always shines on.”
– 10 Awatea St, Ranui Heights, Porirua –
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, 13th February 2020</td>
<td>Hospice NZ Lecture Series (TBC)</td>
</tr>
<tr>
<td>Thursday, 5th March 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Wednesday, 18th March 2020</td>
<td>Hospice NZ Syringe Driver (Wellington)</td>
</tr>
<tr>
<td>Monday, 30th March to Friday, 3rd April 2020</td>
<td>Palliative Care LINK Nurses Programme</td>
</tr>
<tr>
<td>Thursday, 2nd April 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Friday, 3rd April 2020</td>
<td>Masterclass: Loss &amp; Grief – Day 1</td>
</tr>
<tr>
<td>Wednesday, 6th May 2020</td>
<td>Hospice NZ Syringe Drivers (Kāpiti)</td>
</tr>
<tr>
<td>Thursday, 7th May 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Thursday, 14th May 2020</td>
<td>Masterclass: Pain &amp; Symptom Management in Palliative Care</td>
</tr>
<tr>
<td>Wednesday, 20th May 2020</td>
<td>Hospice NZ Care Givers (Wellington)</td>
</tr>
<tr>
<td>Thursday, 4th June 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Wednesday, 17th June 2020</td>
<td>Hospice NZ Fundamentals in Palliative Care 1, 2, 3</td>
</tr>
<tr>
<td>Thursday, 18th June 2020</td>
<td>Te Tiriti o Waitangi</td>
</tr>
<tr>
<td>Wednesday, 24th June 2020</td>
<td>Hospice NZ Fundamentals in Palliative Care 4, 5, 6</td>
</tr>
<tr>
<td>Wednesday, 1st July 2020</td>
<td>Hospice NZ Fundamentals in Palliative Care 7, 8, 9, 10</td>
</tr>
<tr>
<td>Thursday, 2nd July 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Wednesday, 22nd July 2020</td>
<td>Hospice NZ Syringe Driver (Porirua)</td>
</tr>
<tr>
<td>Thursday, 6th August 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Friday, 7th August 2020</td>
<td>SYMPOSIUM – Whetū i te Rangi (Te Papa)</td>
</tr>
<tr>
<td>Thursday, 3rd September 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Wednesday, 9th September 2020</td>
<td>Hospice NZ Syringe Driver (Wellington)</td>
</tr>
<tr>
<td>Thursday, 10th September 2020</td>
<td>Masterclass: Communication Skills, Being with Dying</td>
</tr>
<tr>
<td>Tuesday, 15th to Thursday, 17th September 2020</td>
<td>Hospice NZ Palliative Care Conference (Auckland)</td>
</tr>
<tr>
<td>Wednesday, 16th September 2020</td>
<td>Hospice NZ Palliative Care for Care Givers</td>
</tr>
<tr>
<td>Thursday, 1st October 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Wednesday, 14th October 2020</td>
<td>Hospice NZ Syringe Driver (Porirua)</td>
</tr>
<tr>
<td>Thursday, 5th November 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
<tr>
<td>Wednesday, 11th November 2020</td>
<td>Hospice NZ Syringe Driver (Kāpiti)</td>
</tr>
<tr>
<td>Monday, 23rd to Friday, 27th November 2020</td>
<td>Palliative Care LINK Nurses Programme</td>
</tr>
<tr>
<td>Thursday, 3rd December 2020</td>
<td>Hospice NZ Lecture Series</td>
</tr>
</tbody>
</table>

We publish a quarterly e-newsletter, Tuia; sign up to https://bit.ly/2qp6aNC and keep in touch

To register please go to http://marypotter.org.nz/healthpartners/education

For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152
Nine learning packages are available for delivery on-site. There are recognised timeframes for completion of each package but these can be negotiated for each individual site. The requirements of the participants include a self learning commitment and pre and post session learning activities.

The packages are:

• Essence of palliative care
• Ethical issues in palliative care
• Pain and symptom management
• Palliative care for people with chronic illness
• Palliative care for people with dementia
• Communication skills
• Last days of life
• Loss and grief
• Caring for ourselves

The information is aimed at all staff working within a residential care facility.

'The symbol for Te Whare Rānui, the new north Wellington community base. A commitment that we will reflect and serve the local community’
(designed by Pita Mei)

COMPASSIONATE COMMUNITIES
CALENDAR PULL-OUT
2020
Building Compassionate Communities

Compassionate Communities Activity

Compassionate Communities is a whole of community approach to end of life care where caring for one another in times of need, loss and/or crisis becomes the task and responsibility of everyone (The Groundswell Project).

Compassionate Communities have people who are knowledgeable and informed about death, dying, loss and care and have (or want) the ability to meet the needs that they encounter in their everyday lives. Services and local groups can play a significant role in providing and sustaining quality end-of-life care, but people from all walks of life should be involved in designing and meeting end-of-life care needs.

We are keen to engage with grassroots communities to demystify death and dying and especially welcome novel and creative approaches – please feel free to make contact with us.

The following activities are planned collaboratively for 2020, venues are a variety of community settings and all events are free (koha welcome).

For further information please contact Hazel Nesper on 04 801 0006 or hazel.nesper@marypotter.org.nz
See our website for further community events www.marypotter.org.nz

Living Solo

For many reasons people find themselves living solo. Some may need practical support to adjust to a new way of being. Living Solo is a series of sessions to reinforce some skills.

We will focus on:
• Making ends meet financially and practically
• Using creative arts for calming the mind
• Making social connections

These sessions will be run in Wellington and Kāpiti twice during the year.

Lining up the Ducks

What will your funeral look like? Who will speak for you if you can’t? What is an EPOA for and when does it work? Do you have a will?

Around 1500 people die in New Zealand every year without a will and this contributes to family stress during bereavement. There are some things we all need to do, while we are well, to line up our ducks for later and make things easier for those around us.

At Lining Up the Ducks you can speak with those that work in Advance Care Planning, Law, Funeral Planning (both formal or DIY), Māori land and Creative Legacy.

These sessions will be held in Wellington, Porirua and Kāpiti throughout the year.

Healing Through Storytelling

Share the loss and grief healing journey with Māori authors speaking from their own work and whānau experience. Listen, eat, process, drink and kōrero if you wish. Grab a friend or bring the whānau.

These sessions will be held in Wellington, Porirua and Kāpiti.

Carer Wellbeing

Caring is tiring and it is helpful to take some time out to replenish your energy. Carer Wellbeing is a session that focuses on how to re-energise yourself going forward. A range of tips, tools, strategies and self-nurturing compassion will be covered.

These sessions will be held in Wellington, Porirua and Kāpiti throughout the year.
Children’s Art Therapy

Art Therapy is a helpful way for children to express their fears, worries and concerns about family changes due to terminal illness. Children are particularly creative and playful, two components which are integral to the art therapy experience, making it a non-threatening and gentle alternative to the talking therapies. As such, arts therapy can help to enhance a child’s sense of well-being and assist with children’s loss and grief – this is being offered to children of patients/whānau in the hospice service.

These sessions will be held in Wellington, Porirua and Kāpiti throughout the year.

Remembrance Tree Planting

Join us at a restoration tree planting morning in memory of your loved ones. This will be followed by morning tea at the planting site. Tree planting close to the season of Matariki.

Tiaki Nga Whānau

This is a supportive series of sessions for whānau, family, formal and informal carers who are affected by cancer. Sessions cover:
- What is cancer;
- Cancer treatments, side effects, palliative care;
- Relaxation and mindfulness, and rongoā Māori;
- Lining up your ducks;
- Supportive services in the community and how to access them.

This is held once a year with Ora Toa Medical Centre, Porirua.

Coffee and Chat

It can be comforting to know that there are others who are going through a similar experience. Come along to our “coffee and chat” sessions, hosted by our bereavement teams.

These sessions will be held quarterly during the year in Wellington, Porirua and Kāpiti.

Te Ara Whakapiri

The path of closeness and unity – Care in the last days of life

Mary Potter Hospice has been actively involved with the development of a care plan which reflects the needs of New Zealanders in the last few days of life (it is the period in which death is imminent and may be measured in hours or days). This promotes partnership and protection between patients/whānau and health care professionals wherever a person is dying.

It is hoped that with the linking together of the ACP and Te Ara Whakapiri more people will be able to die in their preferred place of care whether this is home, hospice, Aged Residential Care or a hospital.

For further information search for Te Ara Whakapiri at www.health.govt.nz

Professional Development for Mary Potter Hospice Employees and Volunteers

Mary Potter Hospice is committed to the education and training of our own employees and volunteers to ensure their knowledge, skills and practice continues to be evidenced based and contributes to providing high quality palliative care for patients and whānau wherever they are – home, hospice, or Aged Residential Care. Many of the staff and volunteers also work with us providing training for our community partners as well as working to create compassionate communities. Key to this is maintaining their own professional development (education and training).

Pathway to Belonging – Staff

This is a course which introduces the work of Mary Potter Hospice and core values to staff and volunteers new to the organisation. It is run throughout the year at regular intervals.

Dates: To be confirmed

Volunteer Orientation Programme

There will be three courses in 2020. They are run as 2 x 3 hour evening sessions with a further follow up session three months later.

Dates: March 16th and 23rd, July 20th & 27th, October 12 & 19th
Clinical Skills
These are one day workshops for Registered Nurses and are run twice a year. The community Palliative Care Co-ordinators (PCC) have an additional specific training day once a year. There is also a specific training day for the Health Care Assistants as well. These sit alongside the support provided for them to successfully complete PDRP (RN’s) and NZQA (HCA) Level 3 training. These workshops provide learning which maintains and enhances/improves the practitioner’s specialist palliative care knowledge, skills and practice.

Dates:
Clinical Skills:       Wednesday, 26th February
                      Wednesday, 4th & 11th March
                      Wednesday, 4th, 11th, 18th November
Health Care Assistants Study Day: Tuesday, 9th June
Palliative Care Coordinator Study Day: Wednesday, 23rd September

Journal Club
Our medical staff maintain their continuing education through weekly Journal Clubs and peer review meetings each month in partnership with other palliative care medical staff.

Medical Students
In Partnership with University of Otago, MPH has Trainee Interns in the Unit throughout the academic year, and provides sessions for both 4th and 5th year medical students.

Multi-Disciplinary Team Learning
Morbidity and Mortality Meetings are run monthly, with case reviews and debriefing sessions being offered as and when required.

These are all opportunities for our clinical staff to share their reflections and critical observations which then influence both the management and care of future patients and whānau.

This is one day training course has been specifically designed for caregivers working in all care settings including homecare, aged residential care and hospital care.

The topics covered and discussed include – principles of palliative care, managing physical symptoms, care in the last 48 hours, communication, loss and grief, spirituality and self-care.

The aim of the course is to enable caregivers to improve their knowledge and understanding of palliative care.

Dates & Time & Venues:
Wednesday, 20th May 0830 – 1600 Wellington (Venue TBC)
Wednesday, 16th September 0830 – 1600 Porirua (Venue TBC)

Cost: $100.00 (incl. GST) per person per day
Light morning and afternoon tea provided, self-catering for lunch.

To register please go to http://marypotter.org.nz/healthpartners/education

For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152
Hospice New Zealand
Fundamentals of Palliative Care

This programme, delivered over three full days, was developed by Hospice New Zealand to support the learning and knowledge of staff supporting palliative care. There are 10 modules and comprehensive information can be found on the Hospice New Zealand website: http://www.hospice.org.nz/education-and-training

This course is suitable for all staff working in Aged Residential Care, Primary health and Community health.

### Dates:

<table>
<thead>
<tr>
<th>Wednesday</th>
<th>Session</th>
<th>Essence of Palliative Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>17th June</td>
<td>1, 2, 3</td>
<td>Ethical Issues in Palliative Care</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pain and Symptom Management</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Session</td>
<td>Palliative Care for People with Chronic Illness</td>
</tr>
<tr>
<td>24th June</td>
<td>4, 5, 6</td>
<td>Palliative Care for People with Dementia</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Communication Skills</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Session</td>
<td>Last Days of Life</td>
</tr>
<tr>
<td>1st July</td>
<td>7, 8, 9, 10</td>
<td>Loss and Grief</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Caring for Ourselves</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Spirituality</td>
</tr>
</tbody>
</table>

### Venue:
Malvina Major Retirement Village, Khandallah

### Cost:
$60.00 (incl. GST) per person

Light morning and afternoon tea provided, self-catering for lunch.

To register please go to http://marypotter.org.nz/healthpartners/education

**For further assistance or info:** Education Administrator, education@marypotter.org.nz or (04) 381 0152

---

Palliative Care LINK Nurse
(PCLN) Programme

This is an opportunity for Registered Nurses with an interest in palliative care, working in Primary Care and Aged and Residential Care (ARC), to participate in the LINK Nurse programme with Mary Potter Hospice.

The LINK Nurse programme consists of two parts – firstly, working in the hospice Inpatient Unit and community where they have an opportunity to immerse themselves alongside experienced clinicians, and secondly, participating in two study days which will enhance and consolidate their palliative care knowledge and experience.

This is facilitated by the Mary Potter Hospice ARC team, which consists of three RNs.

The ARC team support patients (and whānau) as they transfer and transition from their homes or hospital into an ARC Facility. The team will work alongside staff in the ARC facilities both formally and informally, providing advice, support and education.

### Dates:

<table>
<thead>
<tr>
<th>Monday, 30th March – Friday 3rd April</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registrations open: Monday, 20th January 2020</td>
</tr>
<tr>
<td>Registrations close: Monday, 17th February 2020</td>
</tr>
<tr>
<td>Monday, 23rd November – Friday, 27th November</td>
</tr>
<tr>
<td>Registrations open: Monday, 14th September 2020</td>
</tr>
<tr>
<td>Registrations close: Monday, 12th October 2020</td>
</tr>
</tbody>
</table>

To register for PCLN please visit: www.marypotter.org.nz/health-partners/education/

**For further assistance or info:** Education Administrator, education@marypotter.org.nz or (04) 381 0152
Whiria ngā tāngata, Weave the people together is the premier conference of 2020 for any health professional involved in palliative care.

Whiria ngā tāngata honours the concept that we must all weave together in partnership to ensure the best outcome for people who are dying. There is a role for a range of health care services and professions in and around a person’s end of life journey, supporting the person and their family, whānau and the wider community both before and after death.

During Conference 2020 you’ll be encouraged to think about how we can weave people and services together to ensure equity of access whilst also considering how our services reflect and support the diversity of the people requiring end of life care.

Our keynote speakers will include:

- Heather Richardson, Joint Chief Executive, St Christopher’s Hospice, London, UK.
- Merryn Gott, Professor of Health Sciences, The University of Auckland, NZ.
- Dr David Jansen, Clinical Director, National Hauora Coalition and General Practitioner, Auckland, NZ.
- Conjoint A/Prof. Colm Cunningham Director, The Dementia Centre, HammondCare, Sydney, Australia.

https://www.hospice.org.nz/education-training/conference-2020/

---

Hospice New Zealand Subcutaneous Syringe Driver Competency Programme

“This feels a lot more confident in my skills to manage a syringe driver in my facility.”

This programme assists Registered Nurses to obtain the theoretical, practical knowledge and skills required to manage a syringe driver in their place of work.

Learning Outcomes for Syringe Driver Training Programme, the training participants will be able to:

- Assess patients/residents suitability for commencing a Syringe Driver;
- Have awareness of their responsibilities: Professional, Clinical and Legal;
- Develop communication techniques with medical colleagues, patients and whānau;
- Gain competency in calculating medications and their actions and effects;
- Gain competency in set up and troubleshooting of driver

**Dates & Times & Venues:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, 18th March</td>
<td>1400 – 1630</td>
<td>Wellington (Venue TBC)</td>
</tr>
<tr>
<td>Wednesday, 6th May</td>
<td>1400 – 1630</td>
<td>Kāpiti (Venue TBC)</td>
</tr>
<tr>
<td>Wednesday, 22nd July</td>
<td>1400 – 1630</td>
<td>Porirua (Venue TBC)</td>
</tr>
<tr>
<td>Wednesday, 9th September</td>
<td>1400 – 1630</td>
<td>Wellington (Venue TBC)</td>
</tr>
<tr>
<td>Wednesday, 14th October</td>
<td>1400 – 1630</td>
<td>Porirua (Venue TBC)</td>
</tr>
<tr>
<td>Wednesday, 11th November</td>
<td>1400 – 1630</td>
<td>Kāpiti (Venue TBC)</td>
</tr>
</tbody>
</table>

**Cost:**

- $90 (incl. GST) per person for New Competency
- $30 (incl. GST) per person for Update

To register please go to http://marypotter.org.nz/healthpartners/education

For further assistance or info: Education Administrator, education@marypotter.org.nz or (04) 381 0152

---

Mary Potter Hospice Palliative Care Education And Training Programme For Health Professionals 2020
Building Palliative Care Clinical Research in New Zealand
14th February, 2020, Wellington Regional Hospital, Wellington

Through our programme of clinical research, we investigate options for improved management of symptoms in palliative care. Our goal is to ensure the best quality of life possible. We acknowledge the significant roles that carers play in the lives of people in palliative care and welcome their inclusion and participation in our research.

Capital & Coast District Health Board, in collaboration with IMPACCT (including PaCCSC and CST), is running a workshop to introduce clinical research to new and experienced researchers in New Zealand. The workshop will be multi-disciplinary in focus.


Palliative Care Nurses Australia Conference
3rd – 4th May 2020, Pullman Albert Park, Melbourne, Australia

This two day conference is the perfect forum for nurses and other health professionals to seek new knowledge, become familiar with new products and services to the industry, and to identify opportunities to translate the best evidence into clinical and academic excellence. Networking, debating and socialising with peers adds a further dimension to the experience. With several plenary sessions, concurrent sessions and workshops, the structure of the conference provides the ideal environment for these activities to occur. The surroundings of Melbourne offer an ideal venue to facilitate a successful conference.

https://www.pcna2020.org/

International Conference on Hospice and Palliative Care (ICHPC 2020)
3rd – 4th, December, 2020, Sydney, Australia

ICHPC 2020: 14. International Conference on Hospice and Palliative Care aims to bring together leading academic scientists, researchers and research scholars to exchange and share their experiences and research results on all aspects of Hospice and Palliative Care. It also provides a premier interdisciplinary platform for researchers, practitioners and educators to present and discuss the most recent innovations, trends, and concerns as well as practical challenges encountered and solutions adopted in the fields of Hospice and Palliative Care.


Other Conferences of Interest

**Vision for Ageing in Aotearoa**
6th – 7th April, 2020    Te Papa, Wellington, NZ

**Care in the Age of Outrage**
11th – 12th June, 2020    Sydney, Australia

**International Dementia Conference**
https://www.dementiaconference.com/

**12th International Conference on Grief and Bereavement in Contemporary Society**
13th – 17th July, 2020    Melbourne Convention and Exhibition Centre, Australia
Palliative Care References & Links

Alzheimers NZ
www.alzheimers.org.nz
Alzheimers NZ represents people living with dementia by raising awareness at a national level providing information and resources, advocating for high quality services, and promoting research about prevention, treatment, cure and care.

(The) Art of Dying Well
www.artofdyingwell.org
The Art of Dying Well website is brought to you by St Mary’s University.

Care Search
www.caresearch.com.au
Care Search provides trustworthy information about palliative care for patients, carers and families as well as for the health professionals providing their care.

Compassionate Communities Network Aus & NZ
http://www.compassionatecommunities.net.au
Public Health Palliative Care

(The) Centre for Ageing and Spirituality
www.selwynfoundation.org.nz/learning
Acquiring and sharing knowledge of ageing well and spirituality to deliver better outcomes for older people.

(The) Grief Centre
www.griefcentre.org.nz
Grief Centre vision is to provide transformative support through grief and loss.

(The) Groundswell Project
https://www.thegroundswellproject.com
Our vision is for our communities to help us live, grieve and die in line with our values.

Hospice NZ
www.hospice.org.nz
Hospice NZ vision to see that everyone with a life-limiting condition, or their family and whānau, has access to the best possible palliative care.

IAHPC International Assoc. for Hospice & Palliative Care
www.hospicecare.com
IAHPC vision is universal access to high-quality palliative care, integrated into all levels of healthcare systems in a continuum of care with disease prevention, early diagnosis and treatment, to assure that any patient’s or family caregiver’s suffering is relieved to the greatest extent possible.

National Dementia Cooperative
www.nzdementia.org
Portal to Dementia Resources NZ.

(The) NZ Palliative Care Strategy

Palliative Care Nurses NZ
www.pcnnz.co.nz
A non-profit making organization which since its conception in 2006 has sought to strengthen the voices of nursing in palliative care.

Palliverse
www.palliverse.com
Palliverse is a place where like-minded people involved in palliative care meet; ideas and issues related to palliative care are exchanged and discussed; and Funding opportunities are explored and shared.

Psychosocial Oncology NZ
www.ponz.org.nz
PONZ aims to advance the recognition of psychosocial needs and the availability of appropriate supportive care for patients and families throughout their cancer experience.

Skylight
www.skylight.org.nz
Skylight supports people of all ages throughout NZ who are facing any kind of tough life situation, but we specialise in grief, loss and trauma.

We publish a quarterly e-newsletter, Tuia; Sign up to Tuia @ https://bit.ly/2qp6aNC and keep up to date to events.

Spiruality and Wellbeing
www.spiritualityandwellbeing.co.nz
The Spirituality and Well-being Strategy Group envisages a society which recognises and responds to the importance of spirituality and well-being.

Te Arai Research Group – Uni Auckland
tearairesearchgroup.org
Palliative Care & End of Life Research

Te Wananga o Aoteaoroa – Reo and Tikanga Course
www.twoa.ac.nz

Uni Tasmania – MOOC – Dementia Course
www.utas.edu.au/wicking/preventing-dementia

Upaya Zen Centre
www.upaya.org/tag/being-with-dying
Buddhism – Being with Dying

Buddhism – Being with Dying
Blackbird (2019) Sarah Aitken (UOW 4th Med Student)

“He (the patient) had seen a blackbird perched in a tree during his wife’s funeral, he felt her presence around... the blackbird is significant to Māori as it is thought to carry the souls of people to heaven...

“He believed that his wife’s soul now lived in the blackbird... this gave him comfort and hope...”