



*With You
Committed to Caring*

*Arielle (left) and Daniella look
at a photo of their mum, Ly.*

"This is the hardest that it will ever get for me."

The support of family and friends will help Daniella and Arielle get through the coming weeks and years. Mary Potter Hospice will continue to be part of that support network too.

Their mum, Ly You, died just a few short weeks ago on 8 October, leaving her two daughters and son Tyrelle to the care of their aunt and a loving and supportive family network. They'll live with their Aunt Lane and her four children, in a household of seven children ranging in age from 2½ to 16 years.

Both young women are delightful. They attend Aotea College and both received awards at the school prizegiving. The older, Daniella, 16, won the Rotary Service Above Self Award and was named Head Girl for 2020. When she went to the stage to get her award she took a photo of her mum with her. Arielle, 15, won awards for attitude and effort.

Daniella describes herself as an 'all rounder' and very social, "but I didn't really tell people about my mum and all the issues we had this year. I didn't want them seeing me as 'that girl'. But I know that this is the hardest that it will get for me.

"You have to reach your limits before you know what your limits are."

Daniella plans to go to university after college, perhaps studying for a Bachelor of Commerce degree.

Arielle says she has her mum's personality. "I'm a bit more quiet. Mum always looked after us. We'd go to the movies together, and buy bubble tea. My family is important to me. Family look after you. They are where you belong. I feel comfortable with them."

Both have after-school jobs as well as their study. Arielle works as a waitress three days a week and would like to travel one day, and maybe be a flight attendant.

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Kia ora tātou,

Going out with our community teams to visit patients in their home is always a highlight for me. It was such a pleasure to meet with Daniella, Arielle and Tyrelle's mum Ly. Although she was very unwell in this photo she managed to smile and share a laugh with me.

I was reminded of the lengths our nurses, social workers and

therapists will go to to make sure patients and their family are supported in whatever way we can.

At such stressful and vulnerable times, the Hospice steps in and makes things manageable.

Christmas this year will be tough for Ly's family, as it will be for all of the families and whānau of patients we have farewelled this year. My thoughts are with you all.



Merry Christmas or in Cambodia they will say Rikreay Thngai Bony Nael.

Brent Alderton
Chief Executive

Te Whare Rānui: we're building together

At the end of October the final residents moved out of Te Whare Rānui and we now have full possession of our building in Ranui Heights, Porirua to create our Hospice community base.

Our fundraising campaign to raise the \$1 million we need for the renovation of the building is well

underway with about \$650,000 raised so far. The purchase cost of the land and buildings, and the renovation of the smaller phase, has already been funded from Hospice savings.

We also have a large and committed team of volunteers to help us do our work.



Before: we're excited by the potential we can see in this tired part of Te Whare Rānui. This large room will be the location of the day services programme which opens out to a large and sunny outdoor area.



After: we've already renovated a small part of Te Whare Rānui for our community staff to work from.

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They remember fondly the recent family holiday in Levin.

"There was no wifi and no service which was great because we made lots of videos with mum, at the beach and the park. Our brother Tyrelle would sometimes sleep with her and have his hand on her to make sure she was still there."

Daniella, Arielle and Tyrelle are the grandchildren of refugees who came from Cambodia in 1984. Ly was born in 1977 and Aunty Lane nine years later, the first child born in New Zealand.

Chief Executive Brent Alderton said that the support and care Mary Potter Hospice provided the family showed the real strength of Hospice.

"In addition to clinical services from nurses and doctors, our occupational therapists did legacy work, so the family has mementos of Ly and a volunteer biographer wrote Ly's story. A Hospice social worker helped throughout the year, setting up meetings with lawyers for bank accounts, financial matters and much more.

The fundraising team organised a special family weekend in a Wellington apartment.

"We are so aware that behind and alongside every Mary Potter Hospice patient is a group of family, whānau and friends that are affected. We support them through this really hard time, so they can find their feet again in their own way. We can't take away the pain, but we can help people feel supported and cared for."

Sue and John make the most of their 'second chance'

Kāpiti Coasters Sue and John Scutter could be forgiven if they were sick of the sight of strawberries.

They spearhead fundraising for Mary Potter Hospice on the Kāpiti Coast through the annual Strawberry Festival. Sue has been on the festival committee for three years and has been the Committee Chair for 2019. She says planning for the festival takes a full year, and they work hard to line up sponsors and stallholders.

The pair love being part of the Kāpiti Coast community and live at Raumati Beach looking out at the ocean. Sue is a lawyer at Kāpiti Law and John is an accountant who runs the Fervor insolvency practice in Paraparaumu.

Sue was working as a florist in Bulls when she met John, moved south, decided on a major career change and began studying law. With only a year to

If you have left a gift in your Will to Mary Potter Hospice, or would like information about how to do so, please contact Olinka Ching, phone 04 381 0163 or email olinka.ching@marypotter.org.nz



go, she was diagnosed with cancer and the studies went on hold until she was well enough to continue.

While Sue has not had to use Hospice services, she knows through others what a great job Mary Potter does. She says she always had an awareness of what the Hospice did, but it was only through getting sick that she got involved.

"We are both always keen to give back. We know how lucky we are to do that. I have had a second chance. We think it's important to give back because not everyone is as fortunate as we are," Sue says.

Sue and John decided to leave a bequest to Mary Potter Hospice because they say it's important for people to have reassurance that help is there if they need it. "It's a good backstop for people to know that a really good professional service is in place," Sue says. "It's the end of their life when they go to the Hospice. They should have the very best."

Our Christmas wish list

Can you please help us this Christmas? There are some quite expensive items that we need, and if you could help we'd be so grateful.

- **Roho mattress** – it's like lying on air for patients with skin or soft tissue issues. We need three at \$1,296 each
- **Stethoscopes** – our clinical team need three more top quality stethoscopes, \$195 each.
- **Clinical trolley** – to hold medical and personal care equipment in the Inpatient Unit, \$875
- **Blood pressure meter on wheels** – \$715
- **Blood pressure cuff** – \$285
- **Blood pressure and pulse meter** – two at \$140 each
- **Top comfort electric examination couch** – \$2,250
- **Heat pump for the counselling room in Newtown** – \$3,063
- **Mobile Oxygen concentrator** – so patients needing oxygen can be mobile at home or out and about, \$1,725.

If you help, please contact Phillip Harris, Phillip.harris@marypotter.org.nz or phone 021 210 7276

A material difference



At our recent Year in Review we said thank you to some of the amazing volunteers and supporters of the Hospice. Deb Dornbusch and her Fabric-A-Brac organising committee have raised many thousands for Mary Potter Hospice. Fabric-A-Brac was started in 2007 and they now have people queuing at the door waiting for the event to open. Pictured is Deb and committee member Stella Thorp.

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0800 627 976
marypotter.org.nz

donations@marypotter.org.nz

Wellington: 48–52 Mein St, Newtown
North Wellington: 10 Awatea St, Porirua
Kāpiti: 36 Warrimoo St, Paraparaumu

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[facebook.com/MaryPotterHospice](https://www.facebook.com/MaryPotterHospice)

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Upcoming Events

Christmas Raffle

Over \$10,000 of prizes to be won! All have been donated to the Hospice. You can buy tickets from our three community bases, eight Hospice shops or by email before Wednesday 18 December, 5pm. Tickets \$4 each, three for \$10 or a book of five for \$15. To see the prizes and buy tickets visit our website or email events@marypotter.org.nz

Christmas Gift Wrapping

Get your Christmas gifts wrapped in Wellington city for a good cause. Our volunteer wrappers can wrap (almost) anything for a gold coin donation per gift. December 7–24 at Lambton Quay outside Whitcoulls from 10am and Willis Street, outside Unity Books from 10.30am. We need volunteers so please email events@marypotter.org.nz if you can help.

Hospice Shops Pre-loved Christmas

Visit our eight Hospice shops this festive season and find fantastic pre-loved treasures. Gifts, decorations, kids' toys and more – buying pre-loved helps the environment and your community.

Farmers – Tree of Remembrance and Bauble

Thank you Farmers for supporting us again with the Tree of Remembrance and a beautiful Hospice Christmas Bauble. 100% of all donations and proceeds from the Hospice Christmas Bauble sales in our region will be donated to Mary Potter Hospice. Consider buying the bauble as a Christmas gift for staff or your customers – it all helps the Hospice and will make the lucky recipient feel great.

Recent Events

Hospice Strawberry Festivals

Strawberries! Strawberries! We've had another amazing year celebrating Mary Potter Hospice with our wonderful Strawberry Festival events in Kāpiti, Midland Park and Porirua. Thanks to the Kāpiti Coast Strawberry Festival volunteer committee for organising the incredible Kāpiti event.

Strawberry and ice cream sundaes were enjoyed alongside live music and entertainment for all ages. We're so lucky to be supported by such a caring community, thank you!

Annual Meeting and Award Winners

In October we held our Annual Meeting, where we celebrated our fantastic volunteers, partnerships and staff members, and launched our Annual Review. Information about our award winners is on our website, along with the Annual Review - or contact us if you would like a copy sent to you.

**Thank
you to our
generous
supporters**

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The Nick Lingard Foundation
Thomas George Macarthy Trust
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Trust House Foundation

Trusts and businesses
July to November 2019 \$10,000+

Keeping in touch with you through our newsletter



Thank you for your wonderful support of Mary Potter Hospice!

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Please send me information about:

- making regular gifts to the Hospice through my bank account or credit card
- leaving a gift to the Hospice in my Will

Please accept my gift of \$

My cheque is enclosed payable to Mary Potter Hospice

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