



Hospice New Zealand Palliative Care Education for Care Givers Working in the Aged Residential Care Setting

This training course has been designed for Care Givers who work in the aged residential care setting and provide palliative and end of life care. The topics presented include: principles of palliative care, managing physical symptoms, care in the last 48 hours, communication, loss and grief, spirituality and self-care.

Care Givers are valuable members of the team providing the greatest level of hands-on care. This course recognises their role and promotes confidence in caring for dying residents and their families. It builds on the life experiences Care Givers bring with them to their role.

Learning Outcomes for Care Givers

1. Understand the holistic nature of palliative care and indications for a palliative approach to care.
2. Understand the integration of Te Whare Tap Wha model of care in the end of life process
3. Understand the concept of total pain, including assessment and management.
4. Demonstrate effective communication in relation to patient, whānau and as part of the health care team.
5. Recognise signs of imminent death.
6. Explore ethical issues at end of life and cultural practices around death.
7. Engage with the concepts of grief, loss and bereavement.

Date and Venue

Wednesday 26 May @0830 – 1600
Te Whare Rānui - Mary Potter Hospice
10 Awatea St, Porirua

Cost

\$90 (incl. GST) per person
(BYO Lunch, morning and afternoon provided)

To register and book, please go to this [online](#) form.

ARC managers, please contact our education administrator for assistance.

For help or further information, please contact:

Education Administrator, call (04) 381 0169 or education@marypotter.org.nz